

Simple Hemp Cord Wish Bracelet or Adjustable Beaded Bracelet
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[Bracken Designs Studio Art Jewelry](#)



A couple of months ago I was asked to do a “jewelry demo” for a girl scout troop. Rather than just talking about my craft, I thought it would be fun if the girls got to do some hands-on making. I decided to show them how to make simple hemp cord beaded bracelets. The girls surpassed my expectations.

In case anyone else is interested in the technique I used, I decided to share it. There are a lot of tutorials online for this style of bracelet, but you never know which instructions might be a better fit for a person’s individual learning style.

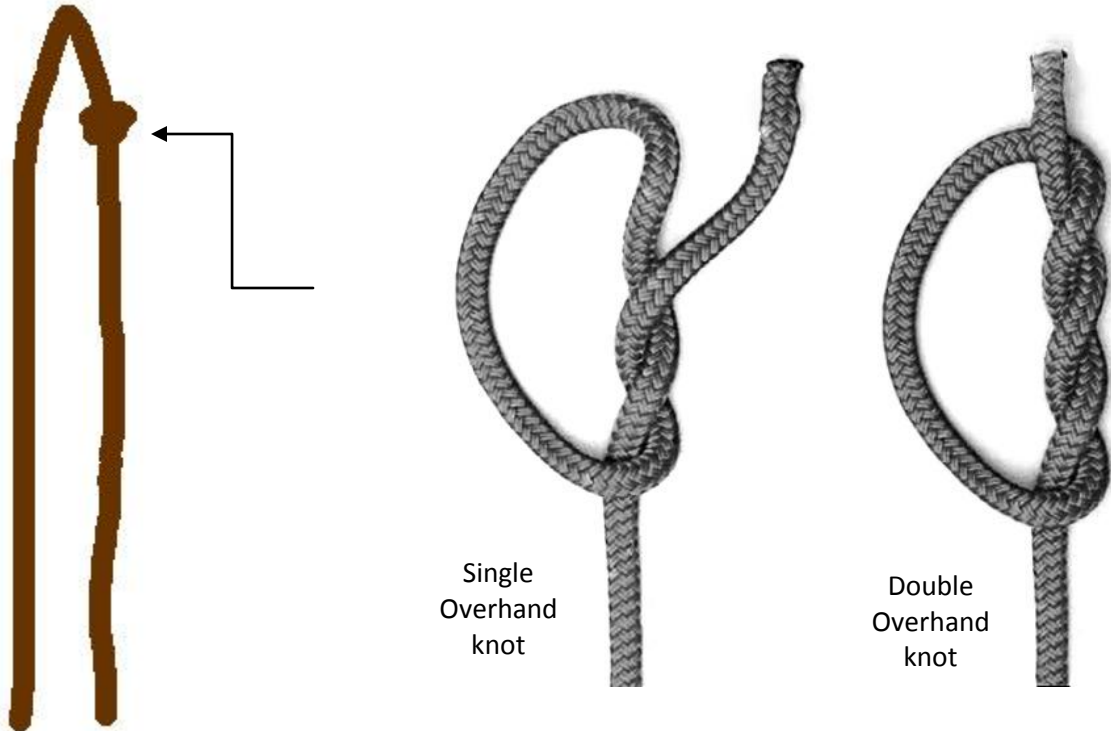
Materials Needed:

- Hemp cord (you can really try this with many types of stringing cord)
- Beads that fit your chosen cording

Tools Needed:

- Scissors
- Toothpick or other slender object that can be used as a spacer (shown in step 6c)

Step 1: Find the center of your string by folding it in half, then tie a double overhand knot about ½ inch to an inch from the center on one side of the string.

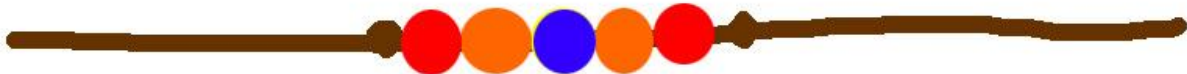


Step 2: String your beads onto your thread from the longer side of the cord.

Add the beads from here



Step 3: Now you need a knot to keep the beads in the center of your bracelet. I prefer to tie two overhand knots here rather than a double overhand knot here because it's easier to get close to the beads with a single overhand knot first. Then I just tie another single overhand knot on top of the first one.

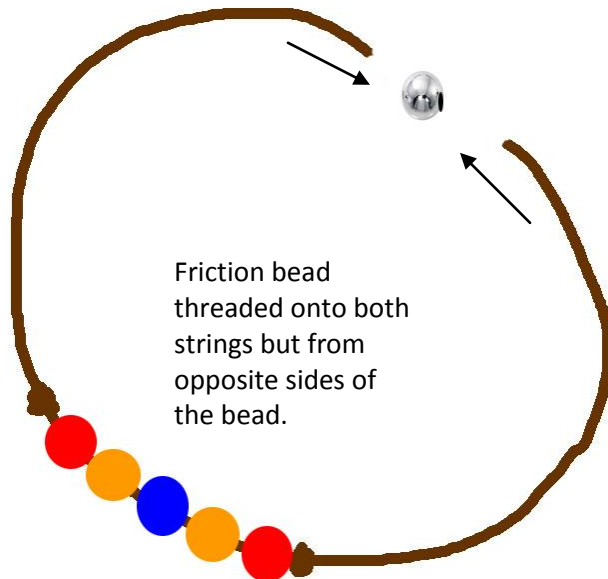


That's it. You've made the bracelet. Congratulations! You can now tie it onto your wrist or try out one of the adjustable methods.

Step 4a (if you want the bracelet to be permanent): Put the bracelet on your wrist and have someone tie a double overhand knot in the stings while you hold a finger or pencil between the bracelet and your wrist to make sure there's some slack in it. You must not tie this tightly to your wrist.

If you want the bracelet to be removable/adjustable, there are two methods.

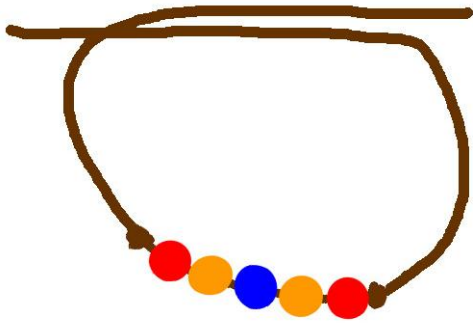
Step 5a (easier, but not be as secure): Put both strings through a seed bead but from opposite directions. That means put one thread in one side of the bead and the other thread into the other side of the bead. Then pull the strings so the bead moves all the way up and out of your way.



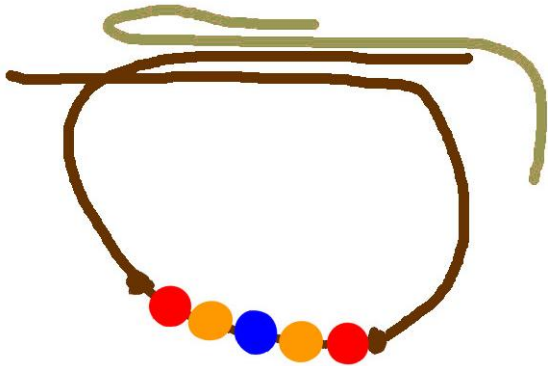
Step 5b: Then slide a seed bead onto one thread end, push that bead all the way to the top so it's out of your way, and tie a double overhand knot at the end of the thread. Do the same thing for the other thread. After you put the bracelet on, just pull on the two threads to tighten it up.



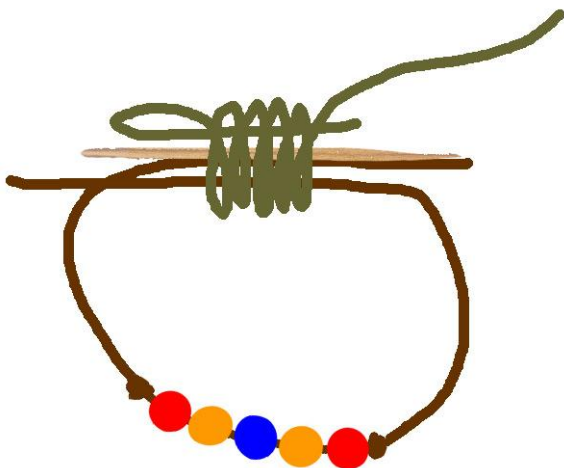
Step 6a (this method is more secure but harder to do): Drape both ends of your bracelet across like this.



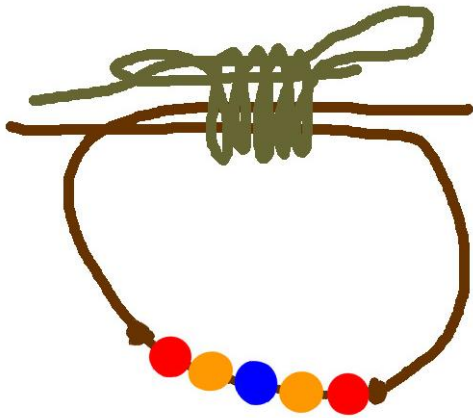
Step 6b: Take a separate length of string that is about 8-10 inches long and make a short crook at one end.



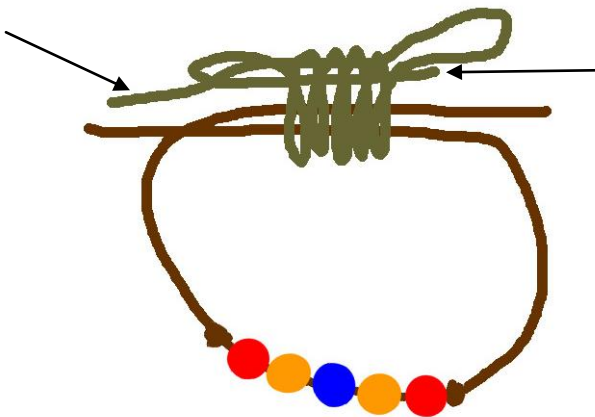
Step 6c: While holding the new thread on top of the crossed bracelet threads, add a round tooth pick to that and hold them all together with your non-dominant hand. With your dominant hand, wrap the longer end of the new thread about 6 times around all the threads as well as around the toothpick.



Step 6d: Holding onto the wraps with your non-dominant hand, pull the toothpick out and thread the long thread (of the new thread) back through the wraps and through the loop on the far left.



Step 6e: Pull on the ends of the new thread until a knot is formed. Pull tightly but not so tightly that the bracelet threads won't be able to move within the new knot.



Step 6f: Cut the excess (make sure you're cutting the new knot threads, not the bracelet threads). Then add beads and knots to the ends of the bracelet threads as shown in 5b.

